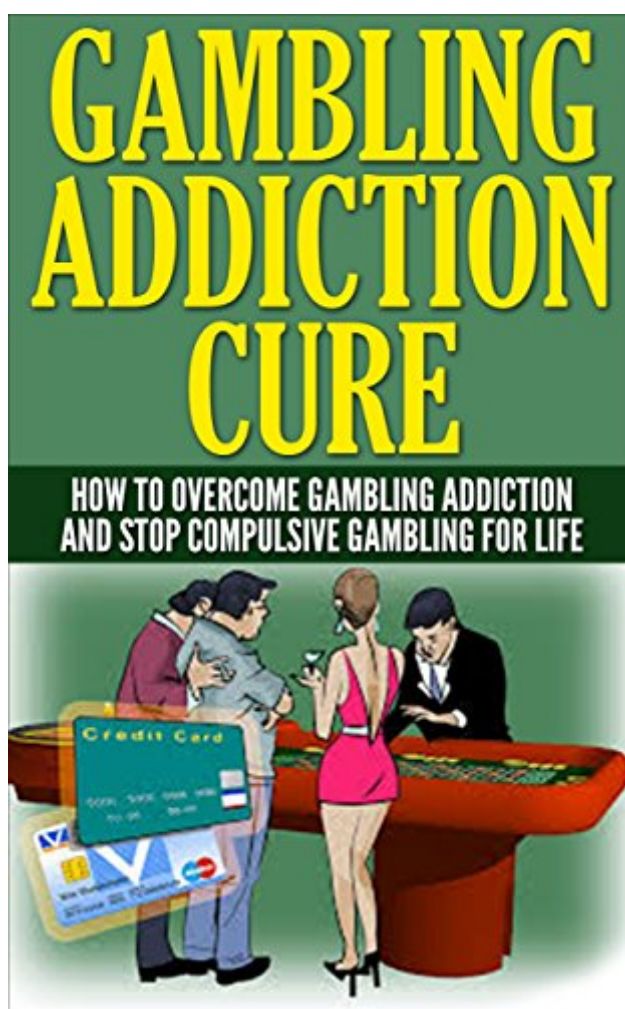


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# Gambling Addiction Cure: How To Overcome Gambling Addiction And Stop Compulsive Gambling For Life (slots, roulette, craps, baccarat, poker, blackjack)



## Synopsis

Gambling Addiction Cure How To Overcome Gambling Addiction And Stop Compulsive Gambling For Life You will discover proven steps and strategies on how to set yourself free from the dangerous cycle of gambling addiction. When left uncured, gambling addiction can strain or damage your relationships with your family and friends, interfere with your productivity and work schedules and may cause you to deal with a financial crisis in the long run. Do not wait for your addiction to cause you to do things that you never thought you are capable of doing. Millions of people who suffer from gambling addiction engage in destructive behavior that is uncontrollable. They lie, cheat, steal from their own family just to keep the action going. These compulsive gamblers won't stop until their life is ruined. But don't think that there is no hope for you. You might think that you can no longer stop this addiction, but be aware that with the right kind of help, it is possible to get rid of this addiction and finally regain full control of your life. All it takes is for you to recognize and acknowledge that you have the problem, read and digest everything written in this book and apply the most effective strategies in curing gambling addiction into your life. With your determination and discipline, you can finally get rid of your gambling addiction and protect yourself and your loved ones from financial disaster. You will also learn how to get the right support when it comes to making positive financial choices.

**An overview of gambling addiction** This section will talk about the basics of the condition, provide a simple explanation as to why many people find it difficult to get over it, and dispel some of the common misconceptions surrounding gambling addiction. Additionally, you can do some self-diagnosis by looking at our gambling addiction checklist.

**Psychological treatments for gambling addiction** Want to know which treatments will work for gambling addicts? We'll enumerate these methods and a simple explanation as to the concepts applied by each therapy method.

**self-help methods to cure gambling addiction** Not getting results from your therapist? Then you might need to do something as well. This chapter will show you what you need to do to get started on the road to recovery.

**Utilizing the bond** The third wheel that can make recovery faster is the family, most especially the spouse. Is the problem present in your husband or wife? Learn how to help him/her overcome the problem with our proven tips. Here is a preview of what you will learn...

**What is gambling addiction? Is it considered an illness? What contributes to this problem? Busting myths about gambling addiction**

**Treatment Option for Addiction**

- Behavioral therapy methods
- Daily scheduled activity
- Self-Help Methods to Cure Gambling Addiction
- Start with a reality check
- Stay away from easy money

>>> And much, much more... Scroll up and download your copy today!

## Book Information

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## Customer Reviews

Gambling addiction, also known as compulsive gambling, may be a type of impulse-control disorder. Compulsive gamblers keep gambling whether they're up or down, broke or flush, happy or depressed. Even when they know the odds are against them, even when they can't afford to lose, people with a gambling addiction can't stay off the bet. • This ebook has a lot of things to offer especially in overcoming the addiction. Simple tips and advice but powerful and effective. A must-have ebook.!

This short book covers different questions you might have about curing your addiction and how to go about getting treatment, plus it has various self-help methods. I especially like the self-help methods it offers. You need to pay attention and follow the steps. The minute you think that this is too easy or too hard is the minute you lose control of the situation. If your thoughts are negative and/or not helping you, stop thinking those thoughts and visualize a normal life for yourself and your family. Jan Tincher

I highly recommend this book. This book has helped me understand the struggles that a loved one

has been going through. The suggestions within are useful to help provide the treatment that is needed. Great book.

Struggling with gambling addiction is hard. It can rob you and your loved ones of a happy life and turn it into a nightmare. This book will let you know all you need to stop it! It isn't only theory, you'll receive practical strategies to end it. Great book!

I have a very good friend who won't admit it, but is definitely a gambling addict (amongst other addictions). I'm hoping to use what I learned in this book to help him get his life back together. Really glad I picked this up.

This book teaches you something very important and that is to be honest with your gambling problem. I think one of the main things I learned with this book is to be honest with yourself and your family. I recommend this book if you are dealing with this problem, I found it very helpful.

This is an interesting source about an interesting addiction (gambling addictions are difficult to pinpoint). With an understanding approach, Wilkenson teaches us that gamblers aren't the only victims. Upon reading this, you'll be able to recognize signs, debunk myths, learn behavioral methods (aka treatment), and learn some simple tips during recovery. This book, unlike many self help books, presents more than common sense--it's truly educational.

I bought this book for my mother who has lost thousands at the gambling boat. She read the book and is now making progress in the right direction almost immediately. She has maxed out her credit and fallen on her face. The book has been her therapy, because she did not want to seek help.

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